

Small Groups

Not attending a small group? There are several opportunities for you to get plugged in!

- **Adult Sunday School Class:** meets the first, third, and fourth Sundays of the month in the Crossroads classroom at 10:45am.
- **Tuesday Bible Studies:** one group open to all at 9:30am in the Crossroads classroom; women's study that meets at 10:00am in SE Classroom will not meet again until March. You are welcome at both!
- **Women's Thursday Night Small Group:** All ladies of the church are invited. Beginning February 12 they will meet from 7-8:30pm on the 2nd & 4th Thursdays of the month in the Pre-School Room.
- **Men's Group:** meets Wednesdays at 7:30am at The Original Pancake House.
- **Chick Chat:** a women's small group, meets every Thursday morning at 9:00am in the Crossroads classroom.
- **Journey Men:** men's group meets at 7:30am on the 1st & 3rd Saturdays of each month at the church.
- **Quilters:** meet the 1st & 3rd Saturdays of each month from 9am - 12pm.

This week's calendar ...

Sun, Feb 22	10:45 am	Adult Sunday School
Mon, Feb 23	10:00 am	Parkinson's Support Group
Tue, Feb 24	9:30 am	Bible Study
	7:00 pm	Al-Anon
Wed, Feb 25	7:30 am	Men's Bible Study
	6:00 pm	Praise Band
Thu, Feb 26	9:00 am	Chick Chat
	7:00 pm	Scouts
	7:00 pm	Women's Small Group

"...to teach you that man
does not live on bread alone
but on every word that comes
from the mouth of the Lord."

Deuteronomy 8:3, NIV



SAVOY
UNITED METHODIST
CHURCH

3002 W Old Church Rd / Champaign / 217.352.3993

Welcome to Worship!

February 22, 2026 9:30 AM

Welcome/Announcements

Prelude

Hymn

"O For a Thousand Tongues to Sing"

Call to Worship

Praise Song

"Love Lifted Me"

Offering with Hymn

"Freely, Freely"

Lenten Stations of the Cross

Pastoral Prayer/Lord's Prayer

Praise Song

"Word of God, Speak"

Message

*"The BLT: Better Lent for Transformation!
Practice #1 - Fasting: Hunger for God Above All"*
Rev Jungil Rhee

Hymn

"Seek Ye First"

Benediction

Postlude

Announcements



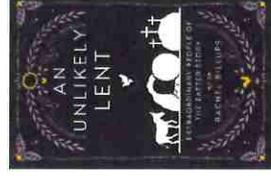
Thanks to everyone who helped with the Pancake Breakfast last week! There wasn't a big crowd, but \$ 1,194 was raised to help fill the Easter Meal Baskets with food!

The war is on!! Men vs. Women! Bring your pennies and put them in your opponent's jar. All other coins, bills, etc go in your jar. Standings after 3 weeks -
Men - \$ 187.61 Women - \$ 283.28



Stations of the Cross

Over the next weeks during Lent a different Station of the Cross will be introduced each Sunday during worship. The stations commemorate Christ's journey to crucifixion allowing you to meditate on His Passion. We encourage everyone to take part in this devotion- al time during the offering and prayer time each week.



If you haven't picked up your Lenten devotional there are still plenty left. The books are on the table next to the office door. Be sure to pick up a copy before you leave today!



The church will be providing Easter Meal Basket for individuals and families that are in need of food assistance. If you would like to receive a food basket or know of anyone that is in need of food, provide us with their name(s) and phone #s. You may contact the church office or Crystal Dillavou with the information by March 15.

Please join us for a time of fellowship directly following the worship service today!

Sermon Notes

“The BLT: Better Lent for Transformation!”

Practice #1 - Fasting: Hunger for God, Above All

Romans 12:2, NLT— “2 Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.”

Fasting: letting the physical need _____.

Matthew 4:1-11, NIV - Jesus is Tested In the Wilderness

⁴ Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. ² After fasting forty days and forty nights, he was hungry.”

- Wilderness is a place of _____; not a season of _____; but _____ for us to focus on Him.
- We all feel hungry (for food, approval, or control, etc), but _____.

Memory Verse:

“He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your ancestors had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the Lord.”

Deuteronomy 8:3, NIV

Fasting reveals hunger triggers:

1. Hunger for _____ (_____).
“³ During that time the devil came and said to him, “If you are the Son of God, tell these stones to become loaves of bread.” ⁴ But Jesus told him, “No! The Scriptures say, ‘People do not live by bread alone, but by every word that comes from the mouth of God.’”

➔ **Solution:** _____ (v.4)

2. Hunger for _____ (_____).

⁵ Then the devil took him to the holy city, Jerusalem, to the highest point of the Temple, ⁶ and said, “If you are the Son of God, jump off! For the Scriptures say, ‘He will order his angels to protect you. And they will hold you up with their hands so you

Sermon Notes

“The BLT: Better Lent for Transformation!”

Practice #1 - Fasting: Hunger for God, Above All

Romans 12:2, NLT— “2 Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.”

Fasting: letting the physical need _____.

Matthew 4:1-11, NIV - Jesus is Tested In the Wilderness

⁴ Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. ² After fasting forty days and forty nights, he was hungry.”

- Wilderness is a place of _____; not a season of _____; but _____ for us to focus on Him.
- We all feel hungry (for food, approval, or control, etc), but _____.

Memory Verse:

“He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your ancestors had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the Lord.”

Deuteronomy 8:3, NIV

Fasting reveals hunger triggers:

1. Hunger for _____ (_____).
“³ During that time the devil came and said to him, “If you are the Son of God, tell these stones to become loaves of bread.” ⁴ But Jesus told him, “No! The Scriptures say, ‘People do not live by bread alone, but by every word that comes from the mouth of God.’”

➔ **Solution:** _____ (v.4)

2. Hunger for _____ (_____).

⁵ Then the devil took him to the holy city, Jerusalem, to the highest point of the Temple, ⁶ and said, “If you are the Son of God, jump off! For the Scriptures say, ‘He will order his angels to protect you. And they will hold you up with their hands so you

won't even hurt your foot on a stone."⁷ Jesus responded, "The Scriptures also say, 'You must not test the Lord your God.'"

➡ **Solution:** _____ (v.7)

3. Hunger for _____. (_____)
"⁸Next the devil took him to the peak of a very high mountain and showed him all the kingdoms of the world and their glory. ⁹"I will give it all to you," he said, "if you will kneel down and worship me." ¹⁰"Get out of here, Satan," Jesus told him. "For the Scriptures say, 'You must worship the Lord your God and serve only him.'"

➡ **Solution:** _____ (v.10)

For Better Fasting:

4. Remember: the goal of fasting _____; but _____ with God.

Joel 2:12-13, NIV - ¹²"Even now," declares the Lord, "return to me with all your heart, with fasting and weeping and mourning." ¹³ Rend your heart and not your garments. Return to the Lord your God..."

5. Know that true fasting (= _____) leads to _____ (= _____), because I already have _____.

Isaiah 58:6-12, NIV ⁶"Is not this the kind of fasting I have chosen: to loose the chains of injustice ... ⁷ ... to share your food with the hungry and to provide the poor wanderer with shelter— when you see the naked, to clothe them..."

My Next Steps:

- I will memorize Deuteronomy 8:3
- Commit to the BLT series.
- Pick your fast (Say no to say yes!): Fast from meal, activity, device, relationships, etc. and pair with generosity action.

Many thanks to pastors & Christians who provide inspiration & outlines for this message.

won't even hurt your foot on a stone."⁷ Jesus responded, "The Scriptures also say, 'You must not test the Lord your God.'"

➡ **Solution:** _____ (v.7)

3. Hunger for _____. (_____)
"⁸Next the devil took him to the peak of a very high mountain and showed him all the kingdoms of the world and their glory. ⁹"I will give it all to you," he said, "if you will kneel down and worship me." ¹⁰"Get out of here, Satan," Jesus told him. "For the Scriptures say, 'You must worship the Lord your God and serve only him.'"

➡ **Solution:** _____ (v.10)

For Better Fasting:

4. Remember: the goal of fasting _____; but _____ with God.

Joel 2:12-13, NIV - ¹²"Even now," declares the Lord, "return to me with all your heart, with fasting and weeping and mourning." ¹³ Rend your heart and not your garments. Return to the Lord your God..."

5. Know that true fasting (= _____) leads to _____ (= _____), because I already have _____.

Isaiah 58:6-12, NIV ⁶"Is not this the kind of fasting I have chosen: to loose the chains of injustice ... ⁷ ... to share your food with the hungry and to provide the poor wanderer with shelter— when you see the naked, to clothe them..."

My Next Steps:

- I will memorize Deuteronomy 8:3
- Commit to the BLT series.
- Pick your fast (Say no to say yes!): Fast from meal, activity, device, relationships, etc. and pair with generosity action.

Many thanks to pastors & Christians who provide inspiration & outlines for this message.